

LASAGNE

ENRICHED MACARONI PRODUCT
MADE WITH 100% DURUM SEMOLINA

4513000

ZC

NOT FOR RETAIL SALE

Nutrition Facts

Serving Size 2 pieces (50g)
Servings Per Container About 10

Amount Per Serving	% Daily Value*
Calories 180 - Calories from Fat 10	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 38g	13%
Dietary Fiber 2g	6%
Sugars 2g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 10%
Thiamine 30%	Riboflavin 10%
Niacin 15%	Folic Acid 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less Than 65g	80g
Sat Fat	Less Than 20g	25g
Cholesterol	Less Than 300mg	300mg
Sodium	Less Than 2,400mg	2,400mg
Total Carbohydrate	300g	375mg
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Cooking Directions: Into 6 quarts of rapidly boiling water (salted if desired), add Lasagna sheets a few at a time. Cook 10 to 12 minutes, stirring frequently to prevent pasta from sticking to pot. Drain, handling carefully.

Ingredients: Semolina (Wheat), Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid.
CONTAINS WHEAT INGREDIENTS AND IS MANUFACTURED IN A FACILITY THAT USES EGGS.